

Bird OLYMPICS

**Birds have
amazing abilities!**

**The Peregrine Falcon is the
fastest animal on earth – it
can dive after prey at over
200 mph!**

**But even “ordinary” birds
can do amazing things.**



**Find out how *you* compare to the following
7 birds in a game of Bird OLYMPICS!**

Hummin' Hummers

**Hummingbirds flap their wings
12 to 80 times per second.**



**How many
times can
you flap
your arms
in 10
seconds?**

Meadowlark MUNCH

**Western
Meadowlarks catch
and eat LOTS of
bugs, right out of
the air!**

**How many “bugs”
can *you* catch in
10 seconds?**

**Find some cotton balls to use
as “bugs”. Have a friend
throw them toward you. A bird
has only one mouth, so use
only one hand to catch!**



Amazing Owl Ears

Great Horned Owls can find prey using only their super hearing!



Find something that makes a crinkly noise to use as prey. Have a friend make the noise while you close your eyes and...

Find the prey using only *your* sense of hearing.

One-Legged Birds

Great Blue Herons can sleep standing on one leg!

How long can *you* stand on one leg?

Try again, this time with your eyes closed!



Thrasher Tunes

The beautiful Brown Thrasher loves to sing. The male has a playlist of over 1,100 different tunes!



How many different bird songs can *you* sing in 10 seconds?

Prairie Chicken LEK-LAPS

Male Prairie Chickens dance and spin on a special area called a “lek”.

Find a space about 5 feet wide for your “lek”.

Run 5 laps around the “lek”, then jump inside and dance!



Camouflage Champion

American Woodcocks, also called Timberdoodles, are masters of disguise!

Pick a room or a spot outside. How can you make yourself look like this place? Camouflage yourself and...wait...

How long can you stay hidden?

