

Add a visit to the amazing tallgrass prairie at *Spring Creek Prairie Audubon Center* to your spring break plans! Take a hike! Choose one or more Spring Creek Prairie <u>trails to hike</u>. Hiking is so much more than just walking, especially if you add some of these fun activities that help you see and explore the tallgrass prairie:

I Spy...choose natural items on the prairie.



Spelling Bee...the first person calls out something they see on the prairie, the next person spells the word.

<u>Prairie Senses Scavenger Hunt</u>...use this scavenger hunt to challenge your senses, or make up your own <u>Sensory Hike</u> by using all your senses when hiking on the tallgrass prairie. How many different (fill in the blank) do you see? What's that smell? Who made that sound? What does that plant feel like? Spend 5-10 minutes on each sense.

Count Off...choose something to watch for on the trail and count how many you see. This could be animals, such as birds (a particular bird, or all birds, notice where you see the most), a color, a particular plant, or it could be a sound.

Hide & Seek – Camo-style...how well do you blend in with the prairie? Find a spot with lots of tall grass; the person who is "it" stays on the trail while everyone else hides in the grass.

<u>Prairie Yoga for Kids</u>...use this link to learn some fun yoga poses and interesting prairie animal facts. Fun to do on the prairie or at home.

Poem-on-the-Go...one person starts the poem and the other hikers each add a new line that rhymes.

Walk Like a...pick an animal that lives in a prairie, describe and demonstrate how it moves, everyone in the group moves like this animal for 1 minute (examples: badger, deer, red-tailed hawk, grasshopper, raccoon, bison, praying mantis). Add sounds if you know them.



<u>Bird Bingo</u>...if you already know prairie birds, see how many you can find!

Check Out a Backpack...ask at the visitor center to check out a Discovery Pack with tools to help you explore the prairie (binoculars, magnifying glass, field guides, bug jar, journals to write about or draw what you see).

